

MEANING OF LIFE INVENTORY

BELOW ARE 17 INCOMPLETE STATEMENTS. TWO POSSIBLE ENDINGS FOR EACH STATEMENT ARE GIVEN AND SEPARATED BY A HORIZONTAL LINE DIVIDED INTO 5 PARTS OR BOXES. FOR EACH OF THE FOLLOWING STATEMENTS, PLEASE MARK AN X IN THE BOX WHICH BEST DESCRIBES YOUR POSITION WITH RESPECT TO THE TWO POSSIBLE ENDINGS. DO NOT PLACE YOUR X ON THE LINE.

EXAMPLE:

TODAY HAS BEEN:

THE HOTTEST DAY OF MY LIFE.

THE COLDEST DAY OF MY
LIFE.



1. BELIEVING IN GOD IS:

NOT AT ALL MEANINGFUL TO ME.

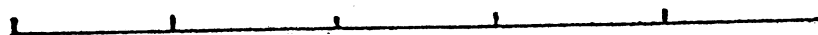
THE MOST MEANINGFUL
THING IN MY LIFE.



2. TALKING AND BEING AROUND PEOPLE:

MAKES ME FEEL GREAT.

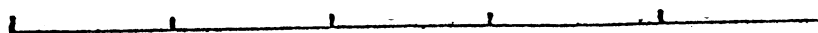
DOES NOT MATTER TO ME.



3. I HAVE:

COME TO TERMS WITH THE BURDENS
(ETC...) IMPOSED BY MY ILLNESS.

NOT BEEN ABLE TO ACCEPT
THE BURDENS (ETC...) IMPOSED BY MY ILLNESS.



4. I:

HAVE NO REASON TO LOOK
FORWARD TO EACH NEW DAY.

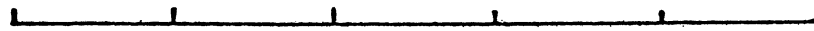
LOOK FORWARD TO EACH
NEW DAY.



5. PARTICIPATION IN RELIGIOUS ACTIVITIES (CHURCH OR SYNAGOGUE ATTENDANCE,
MEMBERSHIP IN SOCIAL GROUPS SUPPORTED THROUGH THE CHURCH OR SYNAGOGUE,
ETC.) IS:

NOT AT ALL MEANINGFUL TO ME.

THE MOST MEANINGFUL
THING IN MY LIFE.



6. GIVING AFFECTION TO MY LOVED ONES IS:

DIFFICULT AND FRUSTRATING.

DEEPLY PLEASURABLE
AND SATISFYING.



7. I FEEL THAT:

I RECEIVE ALL THE LOVE AND SUPPORT
I COULD ASK FOR.

NOBODY CARES ABOUT ME.



8. I FEEL THAT MY LIFE IS:

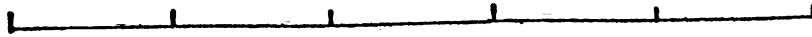
USEFUL AND WORTHWHILE.

USELESS AND WORTHLESS.



A SOURCE OF GREAT
SATISFACTION.

OF NO IMPORTANCE
TO ME.



10. DOING THINGS FOR MYSELF IS:

OF NO IMPORTANCE TO
ME WHATSOEVER.

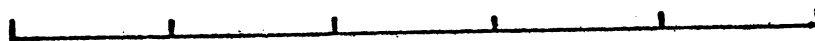
VERY IMPORTANT
TO ME.



11. SUPPORT FROM OTHER PATIENTS IS:

VERY MEANINGFUL TO ME.

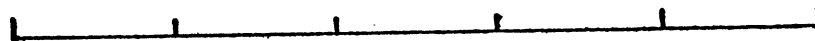
NOT AT ALL MEANINGFUL
TO ME.



12. MY LIFE HAS BEEN:

DISAPPOINTING.

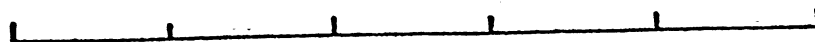
FULL OF GOOD THINGS.



13. SETTING AND ACHIEVING DAILY AND SHORT-TERM GOALS IS:

VERY IMPORTANT TO ME.

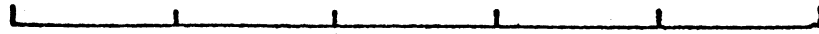
OF NO IMPORTANCE
TO ME WHATSOEVER.



14. FOR ME, A PHILOSOPHY OF LIFE OR RELIGION AS A GUIDE FOR LIVING IS:

VERY MEANINGFUL.

NOT AT ALL MEANINGFUL.



15. I FEEL THAT:

I HAVE A LOT TO

I WISH MY LIFE

LIVE FOR.

WERE OVER.

